TEMPLECOMBE MESSENGER
September 2025
edition



A Thought for September



Summer has gone, autumn is here (although as I write this we are in the middle of the latest summer heatwave and the coolness of autumn seems hard to imagine). It has been a long, hot, dry summer. The ground is parched, everything is thirsty, crying out for refreshing water.

It reminds me of the woman at the well, who was drawing water in the heat of the day. She was weary, shunned by her community, overcome by circumstance and shame. Then she had an encounter with Jesus that changed everything. Although she was the one drawing water, he offered her water that would quench all her yearnings. Her life was changed forever.

There is undeniably a spiritual element to our lives. The 'water' of the world offers so much, but it never satisfies. So we seek more… but not necessarily in good or healthy places.

As we come towards the end of September, we celebrate Michaelmas Day. It's a traditional 'quarter' day – as we will be ¾ of the way through the year, past the autumn equinox, with the hours of daylight being shorter than the hours of darkness. It used to be said that harvest had to be completed by Michaelmas, almost like the marking of the end of the productive season and the beginning of the new cycle of farming.

As well as celebrating harvest, and the start of a new school year, maybe this September is a time to look to Jesus to discover hope and a spiritual refreshing that never disappoints. It is our prayer that you will be blessed with such an encounter.

TEMPLECOMBE CHURCH SERVICES FOR SEPTEMBER



7th Sept 9.30am Bubble Church (Village Hall)
10.30am Holy Communion

14th Sept 10.30am Worship for Everyone (refreshments from 10am)

21st Sept 9.30am Bubble Church (Village Hall)
10.30am Morning Worship

28th Sept 9.30am Bubble Church (Village Hall)
10.30am Joint Benefice Holy Communion at North Cheriton

u3a learn, laugh, live

Blackmore Vale

For those people not in full time employment

OPEN AFTERNOON

Tuesday 2nd September

2.30pm - 4.00pm Henstridge Village Hall
BA8 0QD



3pm Speaker
Jennifer Morisetti shares the vision of
Hawkers Re-Creatives

Please join us for a glass of wine and chat to our talented group leaders, see what they do and share your ideas.

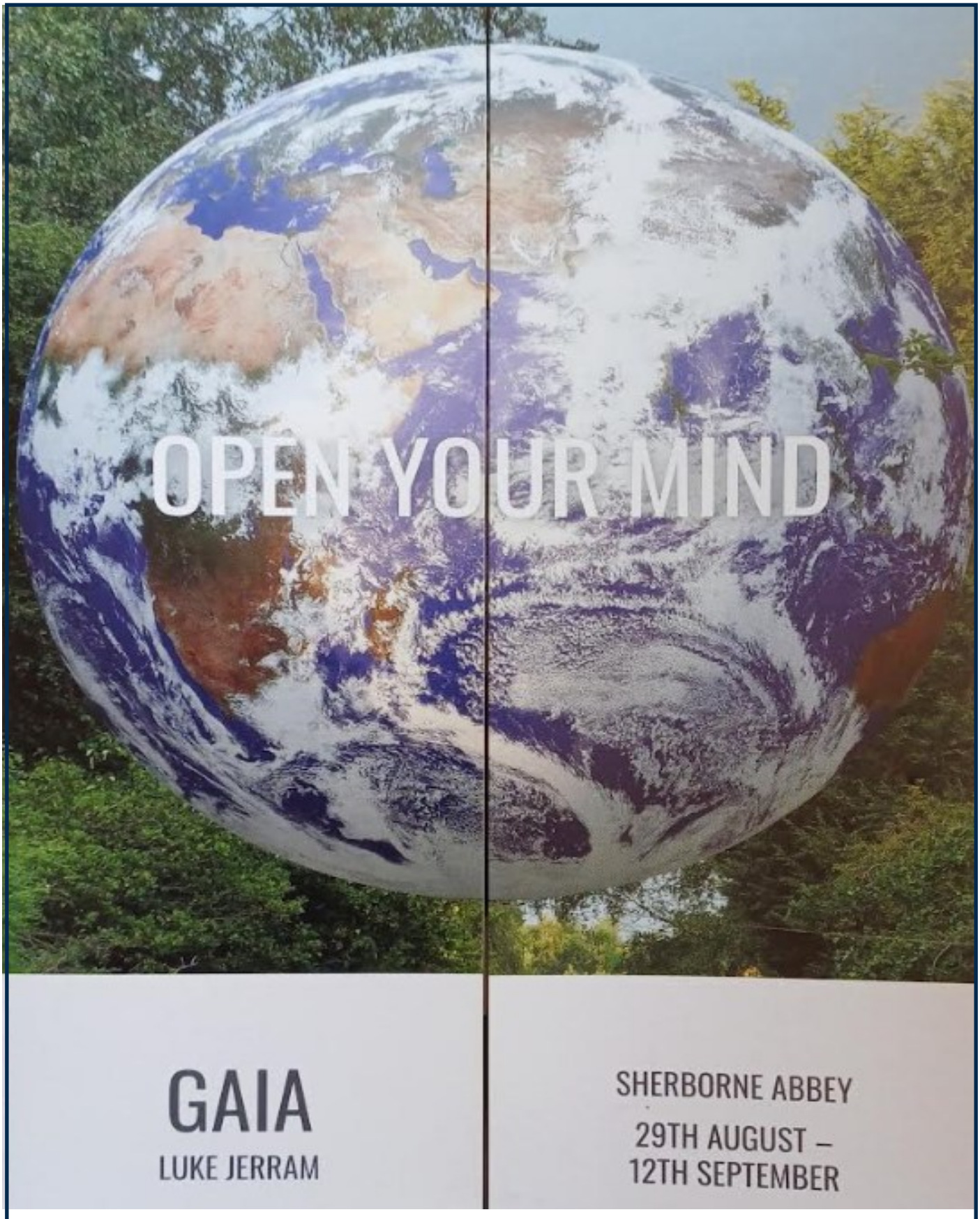
Become a member in September and get three months for free

For Information call
07580 127810 or 07919 585547
www.blackmorevale.u3asite.uk

Today the group leaders showcase their groups activities, so come and share a glass of wine or cup of tea with us. Afterwards, Jennifer Morisetti will enthuse us with the initiatives going on at Hawkers Re-creatives which is a hub of sustainable fashion at Hawkers Farm, Stour Provost. There she runs the annual Defashion Dorset event and a wear me out clothing library from which outfits can be borrowed, plus much more that you can hear about, on Tuesday 2nd September at Henstridge Village Hall, BA8 0QB.

Refreshments from 2.30pm Speaker 3.00pm

Call 07580127810 or 07919 585547 for information
or visit out website www.blackmorevale.u3asite.uk



Sherborne Town Council, in conjunction with Sherborne Abbey and the Gaia Working Group, are excited to welcome the stunning Gaia touring artwork, created by UK artist Luke Jerram. Measuring an impressive seven metres in diameter, Gaia is a visual imagery sourced from NASA, showcasing the Earth's surface in breathtaking detail. This intricate artwork offers onlookers a unique opportunity to see our planet floating in three dimensions, allowing viewers to appreciate the beauty and fragility of the Earth from a completely new perspective.

The Best Place for Your Child to Play, Learn & Explore

Sticky Fingers

PRESCHOOL ENROLMENT

2025-2026



Sticky Fingers Preschool offers a safe, stimulating and nurturing environment where your child can play, learn and explore freely. Our highly qualified and experienced staff utilise child-led planning to give your child the very best preschool experience

PLAY



ENROL NOW!

07742 895967





LEARN



LOCATION

Abbas and Templecombe school
School Ln, Templecombe BA8 0HP

EXPLORE

DAISY CHAIN BABY & TODDLER GROUP

Templecombe Village Hall

BA8 0HQ

Thursdays 9:15 – 11:15

Suggested donation £2.50 per family

Refreshments for parents and children included

On Sunday 7 September at 3pm, there will be an Emergency Alerts test on mobile phones across the UK.



NHS

Metabolic Health Talk

Join us for an inspiring talk about Metabolic Health and changing habits.
Together, lets take control of our health and wellbeing.

SPEAKERS



Dr Campbell Murdoch



Dr Rob Taylor

Wednesday 10th September 2025

Opens at 17:30
Talk starts at 18:00

Wincanton Memorial Hall

Symphony Healthcare Services

World Suicide Prevention Day (September 10):

A day dedicated to raising awareness about suicide prevention and promoting mental health resources.

Sometimes the hardest words to say are the most important

Suicidal thoughts can be complex, frightening and confusing. But they're more common than many of us realise and 1 in 5 of us will experience them.

People experiencing suicidal thoughts might be going through a range of emotions, including feeling trapped, overwhelmed, like a burden, or hopeless.

Everyone copes and reacts in their own way, but there may be signs that someone is struggling to cope and having suicidal feelings.

Some signs to look out for include when someone is:

- Distancing themselves or not replying to messages
- Talking about feeling worthless, hopeless or trapped
- Not doing the things they usually enjoy
- Finding day-to-day tasks difficult



Situations to look out for

- loss, including loss of a friend or a family member through bereavement
- suicide or attempted suicide of family member, friend
- or public figure
- relationship and family problems
- housing problems
- financial worries
- job-related stress
- college or study-related pressures
- bullying, abuse or neglect
- loneliness and isolation
- challenging current events
- depression
- painful and/or disabling physical illness

What to do if you think someone is struggling

Many people worry that reaching out will be intrusive or make things worse. You'll soon be able to tell if the person you're speaking to isn't comfortable or doesn't want to have that kind of conversation. If they don't want to open up, you'll still have let them know you're there for them.

Once someone starts to share how they're feeling, it's important to listen. This could mean not offering advice, not trying to identify what they're going through with your own experiences and not trying to solve their problems.

SAMARITANS

SHUSH listening tips



Top tips for becoming a better listener

Samaritans wants to encourage people to listen to the really important things their friends, family and colleagues need to tell them, and to devote some time and attention to being better listeners.

S

Show you care

Focus on the other person, make eye contact, put away your phone.

H

Have patience

It may take time and several attempts before a person is ready to open up.

U

Use open questions

That need more than a yes/no answer, and follow up eg 'Tell me more'.

S

Say it back

To check you've understood, but don't interrupt or offer a solution.

H

Have courage

Don't be put off by a negative response and, most importantly, don't feel you have to fill a silence.

samaritans.org/tips

A registered charity

School Uniforms; A history of 'rebellion and conformity'

As the nation's children head back to school, proud parents have been excitedly photographing their offspring posing in new uniforms. But they are far from the first to take pride in the school dress code. BBC News Online looks back at the history of the outfits kids up and down the land learn to love—or loathe.

Picture school uniforms from the past and the top hats and tails of Tom Brown's Schooldays or the cheeky cap-throwing of Just William may come to mind.

But in fact, according to historians, school uniforms began life not amid the traditions of the English public school but among charity schools.



Schools such as Christ's Hospital, in Horsham, West Sussex, founded in 1552 in London, took up "fatherless children and other poor children" from the parish and educated them. London citizens provided the children with clothes—notably a long blue coat—which led to the famous nickname for such institutions—"Bluecoat schools".

Today the uniform continues to be worn by Christ's Hospital pupils—the school claims it is the oldest uniform still in existence.



And indeed, many older schools retain their traditional uniforms—from the straw hats of Harrow to the "Polly Bells" of Dame Allan's, a private school in Newcastle-upon-Tyne, which was founded as a charitable foundation in 1705.

Both are variants on the schools' original uniforms. White the Polly Bells are dusted off only for special occasions, Harrow tries to maintain its traditions around public facing places of its site, such as its chapel.





The records of the Ragged School Museum, in London, contain photographs of children wearing very individual uniforms at Hamlet of Radcliff School, a charity school founded in 1910. The boys wore Tam O'Shanters with pom poms, whereas the girls wore starched aprons with gloves—even if the 19th century, you would learn to be tough.

Today the school is known as Stepney Greencoat Primary school, a state school, and it says its pupils wear a modern uniform.

Most schools have similarly evolved their styles, via the flat caps of the 1950's and the blazers and ties of the 80's and 90's, to the comfortable, practical style many adopt today.

A uniform list for Scorton Grammar School, in Preston, dating from the 1960's, now held by the British Schools Museum, has a list of requirements for pupils that include a cap, blazer and tie, a "reindeer green belted mackintosh" and dark grey flannel trousers—or shorts "until he has reached at least his 15th birthday".

It states; "At weekends and during holidays, it is left to the discretion of parents whether the uniform be worn or not, but it is particularly insisted the uniform should be worn in its entirety or not at all".

“Uniforms give schools a sense of identify and cohesion” said author and historian Alexander Davidson. “When some aspects of society have become much less certain, uniforms suggest schools are there to provide certainty and order”.



However, school uniforms can be as much about rebellion as conformity, according to Mr Davidson. “If children want to rebel, they can do it in the way they wear the school uniform” he said. “It’s an expression of identity”.

In 2010, former Education Secretary Michael Gove, tried to reverse this trend by backing schools who wanted to reinstate a blazer-and-tie uniform.



Cottingham High School, in East Yorkshire, has worked with fashion designer Lara Jenson to create a uniform that had pupil-appeal. Jonathan Rogers, assistant head teacher, said pupils had felt a bit “embarrassed” by its previous uniform, which consisted of polo shirts and trainers and could look scruffy.

“When we consulted with our pupils, we found some of our fashion-conscious teenagers actually want to make a statement to the community, he said. In the end, we went for slim-fitting, stylish jackets and jumpers in a contemporary cut. I would describe it as quite professional work wear”.

And whether the school attire is a fashion statement or a more relaxed affair, wearing a uniform seems surprisingly important to many pupils.

In 2011, Christ’s Hospital surveyed its pupils to find out it is should keep its distinctive 16th Century style blue coats and yellow stockings—about 95% said they should.

“It is important to stick to our historic traditions, not only to be unique and special, but it makes a sort of unity between us”, said one.

“I personally feel proud walking around in my uniform, despite what people might say”.



School uniforms can help integrate children from different economic backgrounds, according to Andy Gibs from the British Schools Museum.

(This article first appeared on BBC News online on 5th September 2014)

Ladybirds: Tiny Heroes in Polka-Dot Armour



The ladybird, with its stylish and cheerful polka-dot outfit, holds a special place in our hearts. Few other insects, apart from perhaps the butterfly, evoke as many positive emotions and superstitions as the ladybird. Many cultures believe that ladybirds are a symbol of good luck and new beginnings. In fact, the belief that ladybirds are associated with positive qualities is nearly universal – from Slavic, European, and Asian cultures to Native



Many species of ladybird hatch from pupae in August or September so look out for a new generation of adults feeding up ready to overwinter. Ladybirds are voracious predators of aphids and other garden pests, serving as natural pest-control agents and helping to keep plants healthy. In fact, a single ladybird can devour up to 5,000 aphids and other plant-eating pests in its lifetime, making them invaluable allies to gardeners and farmers alike.

Despite their diminutive size, ladybirds are not without their challenges. Predators, parasites, and even rival ladybirds pose threats to their survival. Birds, spiders, and other insects prey on them. They do have defences against predators however, their bright red colour is a warning that they don't taste nice and when attacked they give off a yellow liquid which is rich in toxic alkaloids.

Churchyards and cemeteries can be great for ladybirds as they tend to be free of insecticides and full of food. There are lots of places where ladybirds can find a safe place to spend the winter, often in large clusters where they remain inactive until about March when they emerge to feed and breed. Monuments including chest tombs, gaps made by tree roots, wood piles, spaces beneath flaking bark, leaf litter, tussocky grass and drystone walls are full of potential places to overwinter.

With their rounded bodies and distinctive markings, ladybirds are easily recognisable. If you see a ladybird, take a photo or count its spots and make a note of both spot and background colours. The spot number indicates which species it is, not some people believe, how old it is.



Article by Caring for God's Acre www.caringforgodsacre.org.uk

New banking hub in Sherborne



The banking hub has been set up in the medieval building - previously a branch of Natwest Bank

A banking hub has opened ahead of the closure of a town's last remaining bank branch.

The hub in Sherborne has opened up in the former Natwest branch at 50 Cheap Street ahead of the permanent closure of Lloyds on 75 Cheap Street on 7 July.

The banks at the hub work on a rotating basis, with five different banks available each day through the week.

The banking hub, owned by not-for-profit company Cash Access UK and operated by the Post Office, is open from 09:00 to 17:00 on weekdays. It also has an external cash machine.

The hub can be used to pay in and withdraw cash/cheques on any week day, but customers can only book appointments with the respective bank consultants on their allocated day.

Sherborne Community Banker Schedule:

Mon: Barclays

Tue: Lloyds

Wed: Santander

Thu: NatWest

Fri: HSBC

Cash Access UK is funded by major high street banks to provide cash and basic banking services in communities across the UK.

Source—BBC News

Status: Open for business

50 Cheap Street
Sherborne
DT9 3BH

Opening hours

- **Mon:** 9am - 5pm
- **Tue:** 9am - 5pm
- **Wed:** 9am - 5pm
- **Thu:** 9am - 5pm
- **Fri:** 9am - 5pm
- **Sat:** Closed
- **Sun:** Closed

Community banker availability

- **Mon:** Barclays
- **Tue:** Lloyds
- **Wed:** Santander
- **Thu:** NatWest
- **Fri:** HSBC

Please note that our community bankers may be unavailable during lunchtime as they take a well-deserved break.

Transactions available at the counter

Counter services:

- Withdraw cash (notes and coin)
- Deposit cash (notes and coin)
- Deposit cheques
- Pay utility bills
- Check account balance
- Collect change (registered business customers)

Additional services:

- External ATM available 24/7

source : www.cashaccess.co.uk/hubs/sherborne-dorset/

TEMPLECOMBE VILLAGE MARKET

AT THE SOCIAL CLUB

JAMS & CHUTNEYS
HONEY
JOURNALS
POTTERY
BIRD FEEDERS

KEYRINGS ETC
FRUIT AND VEG
ARTISAN BREAD
CAKES
BUTCHER
CHEESE

The market is now

On the

2nd Saturday of the month

REFRESHMENTS

JEWELLERY
CARDS
LAMPS
FLOWERS
WOOD
HONEY

TABLES £5 ANYONE INTERESTED IN HAVING A TABLE PLEASE
CONTACT MARILYN CHILDS ON 07535047128

NEXT MARKET

SATURDAY 13th September 2025

COMMUNITY LUNCH

Saturday 20th September

From 12 noon to 2.00pm

Free to everyone at

THE SOCIAL CLUB





Lunch will be a jacket potato with sausage and beans or cheese

Tea and coffee will be available to buy.



The lunch is provided by our Community Group

TEMPLECOMBE TOGETHER

AN EVENING OF ITALIAN DELIGHTS

SATURDAY 20TH SEPTEMBER

A glass of Prosecco & Brushetta Bites on Arrival

Starters

FUNGI CON GORGONZOLA

Mushrooms with gorgonzola and cream served with Ciabatta soldiers

MELONE CON PROSIUTTO

Melon served with parma ham

Mains

LINGUINE ALLO SCOGLIO

Prawns, mussels and seafood linguine

POLLO SCALLOPINA MILANES

Breadcrumbed chicken breast topped with mediterranean veg and mozzarella served with spagetti

Desserts

PANACOTTA CON COMPOSTA DI FRUTTI DI BOSCO

Panacotta with berry compote

TRIO DI MOUSSE AL CIOCCOLATO

Trio of chocolate Mousse

£24.95 FOR 2 COURSES
£29.95 FOR 3 COURSES

Please call us on 01963 548088 to reserve your table

HARVEST SERVICE

SUNDAY 21ST SEPTEMBER

11:00am

Templecombe

United Reformed Church


Do you remove hair
from your body?
Anywhere from your eyebrows
all the way down to your toes...
All Seasons Sugaring
Sugarista: Sally
Phone/WhatsApp: 07494 236080
Email: allseasonssugaring@outlook.com
Socials: https://linktr.ee/allseasonssugaring
...Let me introduce you to Sugaring!
Kind to skin
Eco friendly
Leaves you with smooth skin for longer than alternative hair removal methods.
Plus much more. Contact me for more information!


Templecombe
Bake Off
Returns
Hosted by:
Templecombe United Reformed Church
SATURDAY, 11TH OCTOBER
Look out for more details over the coming weeks
For more information, please contact us:
templecombeurc@outlook.com


HSW CARE LTD
Clinically lead care in your home
Bespoke quality care in the comfort of your own home
Enabling people to live as independently as possible
Contact us: 07786438301
Email: hswcareltd@gmail.com


If you have information about a crime, contact us.
Crimestoppers won't ask where you live, only what you know about the crime.
100% anonymous. Always.
CrimeStoppers.
0800 555111
100% anonymous. Always.
crimestoppers-uk.org

Activities and Clubs



MEN WHO CHAT @ BUNTERS

COME AND JOIN US FOR A CUPPA AND A BISCUIT ON THE 1ST FRIDAY OF EACH MONTH FROM 2.45-4.45PM
"HELPING TO DEAL WITH LIFE'S CHALLENGES"

The T-Birds

(Abbas & Templecombe Ladies)

We meet every 2nd Monday of the month

In the Village Hall

Our next event is on

Monday 15h September

7.30—9.30 pm

Alison Loader

'The Gift of Mediumship'

Contact Sarah on 07890 543769

AVON

I'm Gill, your local Avon representative.

I live in Templecombe.

If you would like an Avon book, please contact me on 07752254498.

I cover Templecombe and Yenston.

Templecombe Twilighters

Meets every other Wednesday in the Social Club

4th and 18th September

Subs are £3—this includes tea, coffee and biscuits

2pm—4pm

Please feel free to pop along for a cuppa and a chat

Some weeks there will be activities.

For further details please call

Donna on 371241 (salon number)

Or Jacqui Dyer on 07713958354

Market

and

Coffee morning

Horsington Village Hall

1st Saturday of the Month

10—1

Starting 4th October 2025



Templars Tennis Club



New Members Always Welcome
Single adult and family memberships available.

Casual hire £5.00 per court per 2 hours.

Membership:

Family	£60.00
Single Adult	£40.00

Please contact:
Peter Andrew (secretary)
01963 371053
or
Paul Hawkins (treasurer)
01963 370045

Horsington Art Group

Horsington Village Hall
Thursday Mornings
10:00am to 1:00pm



A friendly group who exchange ideas.
Some members are very experienced and can give advice.

New members are very welcome whether they are talented or beginners.

Come and join in for a no-cost trail session.

John 07510 262457

Rhonwen 01935 389690

TEMPLECOMBE ART CLASSES

Come and draw or paint for 2 hours a week on a Tuesday afternoon in the Templecombe Village hall and forget about the world!

Art teacher guidance
Beginners welcome
All materials provided

If you would like to find out more, please contact me:
Sally Ridout:
Either by phone LL: 01963 370020
Or by email: s.ridout180@gmail.com

Space for Artists!

Every Friday morning

10.00—13.00

Horsington Village Hall

Time and space to draw, paint, relax and grow.

Join us!

Alison 01963 370866



Camelot Explorer Scout Unit

Looking for fun, adventure and challenges?

We are open to any young person between the ages of 14 to 18 years old. If you want adventure, learn new skills, meet new friends or just have fun. We have our meeting on a Monday evening between 7-9pm (could be later fortnightly). We meet at 2nd Templecombe Scout Hut, behind Templecombe Village Hall, BA8 0HP.

Please contact:

Jason:	07793 433375
Maria:	07885 987350
email:	camelotexplorers2016@btinternet.com

2nd Templecombe Scout Group

Looking for fun, adventure and challenges?
Come and join us.
New members (boys and girls) are always welcome.

Scouts
2nd Templecombe

Cubs	8 - 10½yrs	Wednesday	6:30-8:00pm
Scouts	10½ - 14yrs	Thursday	7:00-9:00pm

For more information please contact:

Scouts:	Geoff Crabb	07976 885130
Cubs	Andy Smith	07733 000573

group email:
templecombe.gsl@btinternet.com

Templecombe Indoor Bowling Club (Short Mat)



Join us in Village Hall

Monday 2.00 to 4.00pm
Thursday 7.00pm to 9.00pm

Please contact

Chris Jeans (Secretary)
01963 364287
Or
Terry Loader (Chair)
terrence666@uwclub.net

Coffee Morning



At the Sports and Social Club

Recreation Ground Vine Street
11.00am to 12 noon
Wednesday's
10th & 24th September

All Welcome

Contact tel. no 01963 370527
For more details.

Music Night



Third Wednesday of every month
7:30 until 10:30pm

Templecombe Village Hall

We usually sit in a circle and bring our own instruments to play, sing or recite a poem.

£2.00 for the evening

Enquiries: Alan Berry 01963 370716
alanberry215@btinternet.com

Templecombe Ladies Choir

Rehearsals every
Tuesday
7:00 to 8:30pm.
In the School Hall.



email:
annemarielees@gmail.com

Friends of Templecombe Station

All about the Friends and our Station

THE FRIENDS

For more information about the Friends or about joining the Friends please contact either Christine or Peter.

New friends are always welcome and there is plenty of involvement for all interests.

Christine Hillman (Chair)
07484 277549
Peter Hillman (Treasurer)
07549 953808
fots2014@btinternet.com

St Mary's
Abbas & Templecombe

Worship for Everyone

10:30 Second Sunday

Refreshments from 10am





St Mary's Church

Quiz night

Last Sunday of the month

At the Social Club

The next quiz will be on

Sunday 28th

September

7.30 pm

£2.00 per person—just turn up!

Raffle Bar open

TEMPLECOMBE SOCIAL CLUB



Club Opening times:

Friday—19:30—23.30

Saturday—16:00—23:30

Sunday—16:00 - 22:30

Monday— 19.30—23.30

The club will also be open on other occasions when Pool or Skittles games are arranged.

New members always welcome— £12.00 per yearly membership.

Function Room hire.

Templecombe United Reformed Church

Morning Worship Every Sunday 11am

EVERYONE WELCOME

ABBAS AND TEMPLECOMBE

PARISH COUNCIL

Meet at 7.15 pm every second Tuesday of the month

At Templecombe Village Hall, School Lane

BA8 0HP

All Parishioners are welcome to attend

Enquiries :

clerk@abbasandtemplecombe-pc.gov.uk

Tel no 01963 370527

SOCIAL CRAFT GROUP



Thursdays 7pm

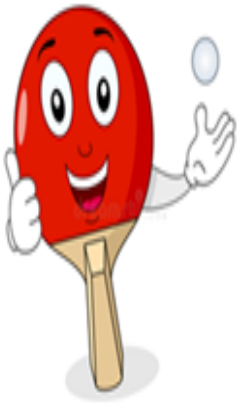
At Templecombe United Reformed Church



Bring your project and come and chat to others with similar interests. Share your skills or maybe learn something new. 50p donation per session



For more information please contact Helen on 01963 370818 or email helen55@outlook.com



SOCIAL TABLE TENNIS

Thursdays at 8pm

All ages and abilities welcome

(minors should be accompanied by a parent / guardian)

At Templecombe United Reformed Church

For more information please contact Helen on 01963 370818 or email helen55@outlook.com

50p donation per session





Emotions Word Search

Find all of the words in the grid. Words can go horizontally, vertically, diagonally, or even backwards.

K E R U T X X Z Y T U R G H S C K Y R A O L
V X E I B N T B V O H L Q W S O Q Q T H P Y
K L G H L V E X F O J M A V E N O L E P O Q
O U N C J A R M R P F C E T N T R T E Y P D
O Z A Y V N E T E Z R D E E I E A P X P T B
I N N L R R Z P Y T N E H R L N R G D T T H
C Y S U O L A E J O I Z G E E T F C B E H A
N O W E D I X N I Z Y C M L N M O C V Y M P
E P N M J Q Y T O T W D X I O E X O Q N Y P
F S X F E M A H S K I N U E L N L B I T J I
M Z I C U R I W D S U X A F K T S M E X V N
B T N R T S M F G H F L X V L A S I J P N E
Z J W S P Z I U G K A G U A D V X P U B T S
A D U Q S R S O N M T V U N B N C K A F I S
K R Q V L T U F N F I N E I A G V U G U A H
F B O X O A M S B R G S J X L L Z M O C V D
P S Y Z N V N R N Y S K Z J T T H U G I S A
D R Z N O S T A L G I A F G T Z V U T E K X
Y I I P X Y Q E R D Z S H G R A T I T U D E
L X V D H H E F M C O O L J D R A M L Z C X
K A G O E D D V Z I P M D T I B W S T U U K
L K J E G L B O R E D O M V C F S S R L O H

Anger
Anxiety
Boredom
Confusion
Contentment
Disgust
Envy
Excitement
Fear
Frustration
Gratitude
Guilt
Happiness
Hope
Jealousy
Joy
Loneliness
Love
Nostalgia
Pride
Relief
Sadness
Shame
Surprise



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For Templecombe Messenger articles and advertising,

please get in touch with

Sarah Horn Tel: 07890 543769 Email: sarah1260.sh@gmail.com

Cut off date for submission—15th of the month

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